U S Department of Labor Office of Labor Management Standards Washington DC 20210

FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved Office of Management and Budget No 1215-0188 Expires 11 30-2006

This report is mandatory under PIL 86-257 as amended Failure to compty may result in criminal prosecution fines or civil penalties as provided by 29 U.S.C. 439 or 440

FOR OFFICE USE OF THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT					
1 File Number U 9647	2 Fiscal Year Covered From				
3 Name and address of person filing	1 2004 Through 12 2004 4 Name file number and address of labor organization				
Name Rick Alleman	Name United Food & Commercial Workers Local 455				
	Labor Organization File Number 038-003				
PO Box Bidg Room No If any	P O Box Building and Room Number if any				
Street 8222 Colonial Oaks Lane	Street 121 Northpoint Drive				
City Spring	City Houston				
State Texas ZIP Code + 4 77379	State Texas ZIP Code + 4 77060				
5 Position in labor organization Secretary Treasurer	, ,				
Enter appropriate data below if during the past fiscal year you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions of forth in the instructions)					
A. Held an interest in lengaged in transactions (including loans) with or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent					
o Name and address of Employer (including trade name if any)	To state 55 medical management of mestic				
Name					
Trade Name If any	The second secon				
PO Box Bldg Room No if any	7 b Amount.				
Street					
City					
State ZIP Code + 4					
Signature					
15 Signature and verification The undersigned declares under penalty of Perjury and other applicable penalties of the law that all of the information submitted in this report (including the information contained in any accompanying documents) has been examined by the signatory and is to the best of the undersigned's knowledge and belief true correct and complete (See the section on penalties in the instructions)					

Date

Signed

Telephone Number

Name of Person Filing Rick Alleman	File Number U			
B Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from selling or leasing to or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent or (2) any part of which consists of buying from or selling or leasing directly or indirectly to or otherwise dealing with your labor organization or with a trust in which your labor organization is interested				
8 Name and address of Business (including trade name if any) Name Dennis G Jenkins C P A Trade Name if any P O Box Bldg Room No if any Street 1301 Shiloh Rd Ste 1250 City Kennesaw State Georgia ZIP Code + 4 30144	9 Business deals with X a Labor Organization b Trust c Employer			
10 If 9 b or 9 c is checked give trust or employer's name	11 a Nature of such dealing			
Trade Name if any P O Box, Bldg Room No if any Street City State ZIP Code + 4	Local Union Auditor 11 b Approximate dollar value of such dealing \$10,000, 12 a Nature of interest held or income received Christmas Gift			
	12 b Amount 3 \$50			
C Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value				
13 a Name and address of Employer or Labor Relations Consultant (including trade name if any)	14 a Nature of payment			
Name				
Trade Name if any P O Box Bldg Room No if any Street City State ZiP Code + 4				
13 h is the Rusiness an Employer or Consultant 2	14 b Amount of payment			

Name of Person Filing Rick Alleman	File Number U

Part B Continuation Page

B Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from selling or leasing to or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to or otherwise dealing with your labor organization or with a trust in which your labor organization is interested

8 Name and address of Business (including trade name if any)	9 Business deals with			
Name National Pacific Dental	a Labor Organization			
Trade Name If any	Page 1			
PO Box Bidg Room No If any	b Trust			
Street 1445 North Loop West Suite 1000	c. Employer			
City Houston				
State Texas ZIP Code + 4 77008				
10 If 9 b or 9 c is checked give trust or employer's name	11 a Nature of such dealing			
Name South Central UFCW H&W Trust Fund	Provides Dental Benefits for membe	rs of Local 455		
Trade Name If any		was hand to the same of the sa		
PO Box Bldg Room No If any		1		
Street 1800 Phoenix Blvd Ste 310				
City Atlanta				
State Georgia ZIP Code + 4 30329	11 b Approximate dollar value of such dealing			
	12 a Nature of interest held or income received			
	Christmas Gift	1		
	The state of the s	us.		
and the second s				
	12 b Amount	\$97		